

# THE FLYING HORSE SMARDEN

## MENU

We welcome everyone here at the Flying Horse and aim to ensure that there is something for all to enjoy. If you follow a special diet, please ask your server for more information on how our dishes can be adapted to make something delicious for you....Please note, we use fresh ingredients where possible and the below menu is subject to availability

### SMALL PLATES

- Chicken Wings - smothered in smoky BBQ sauce £7
- Calamari with lemon mayo dip and salad £8
- Rosemary and Garlic Baked Camembert - with crusty bread £9<sup>v</sup>
- Hald Pint Shell-on Prawns - with lemon mayonnasie, Marie Rose sauce and crusty bread £10

### CLASSICS

- The Flying Horse Burger homemade ½ lb beef burger, in a bun, with cheese, bacon, chips and salad £13
- Southern Fried Chicken Burger crispy chicken burger, in a bun, with Monterey Jack Flaming cheese, chips and salad £13
- The Veggie Burger - plant based burger, in a bun, with salad and chips £12<sup>v</sup>
- Ham, Eggs and Chips - thick-cut ham with 2 free-range fried eggs, salad and chips £12
- Fish and Chips - cod, in our signature gin and tonic batter, with chips and peas £13
- Scampi and Chips - wholetail scampi with chips and peas £11
- Homemade Lasagne - slow-cooked mince in a rich tomato sauce, layered with pasta and cheese sauce, served with your choice of garlic bread or chips £13
- Homemade Chilli Con Carne - spiced beef chilli with your choice of rice or chips £12
- Loaded Nachos - tortilla crisps with melting Cheddar, sour cream, guacamole and salsa £14<sup>v</sup> Add chilli con carne for £4
- Homemade Curry of the Week - please ask for this week's dish, served with rice and naan bread £12<sup>v</sup>
- Pasta of the Day - please ask for today's dish, served with garlic bread £14
- Oriental Smoked Duck Salad - smoked duck with Asian-inspired salad and hoisin dressing £15
- Goats' Cheese and Strawberry Salad - goats cheese with fruity strawberries, mixed leaf salad and a sprinkling of mixed seeds £12<sup>v</sup>

**PIZZAS** *Authentic Italian pizzas made to order. Add extra toppings for £1.00 each*

- Margherita - rich tomato sauce topped with melting mozzarella and Cheddar £10<sup>v</sup>
- Pepperoni - rich tomato sauce topped with melting mozzarella, Cheddar and slices of pepperoni £12
- Hawaiian - rich tomato sauce topped with melting mozzarella, Cheddar, sliced ham and pineapple £12
- Goats' Cheese and Caramelised Red Onion - rich tomato sauce topped with melting mozzarella, Cheddar, goats' cheese and caramelised red onion £12<sup>v</sup>
- Meat Feast - rich tomato sauce topped with melting mozzarella, Cheddar, sliced ham and pieces of chicken, beef and pepperoni £12
- BBQ Chicken - rich tomato sauce topped with melting mozzarella, Cheddar and chicken pieces drizzled with smoky BBQ sauce £12
- American Hot - rich tomato sauce topped with melting mozzarella, Cheddar, chillies, jalapeños, red onion and slices of pepperoni £12

**BAGUETTES 9.00** All our baguettes are made fresh to order and served with your choice of filling (available lunchtimes only)

Cheddar<sup>v</sup> Tuna and Sweetcorn Chilli Con Carne  
Coronation Chicken Coldwater Prawns in a Marie Rose Sauce

**JACKET POTATOES 9.00** Homebaked jacket potatoes with your choice of filling (available lunchtimes only)

Cheddar and baked beans<sup>v</sup> Tuna and Sweetcorn Chilli Con Carne  
Coronation Chicken Coldwater Prawns in a Marie Rose Sauce

### PLATTERS

- Traditional Ploughman's - Thick-cut ham with Cheddar, crusty bread and traditional trimmings £12
- The Seafood Shell-on prawns - with smoked salmon, peppered mackerel, crusty bread, lemon mayo, seafood sauce and salad £16
- The Fried- Crispy chicken goujons with wholetail scampi, calamari, salt and pepper chicken, onion rings, smoky BBQ sauce and tartare dip £14
- The Antipasti - cured meats with cheeses, sun dried tomatoes, olives, crusty bread and dips £15

**Food Served - Monday to Thursday 12-2.30pm & 6-9pm Friday to Saturday 12-2:30pm & 5-9pm Sunday 12-4pm**

<sup>v</sup> vegetarian Written allergy information available, please ask. Please advise our staff if you are concerned about or have any food related ALLERGIES or special dietary needs. If you require further information on ingredients, please ask a member of staff. We cannot guarantee that our products do not contain traces of nuts &/or seeds. Fish dishes may contain bones. Weights are approximate when uncooked. There may be a delay during busy periods as all our food is cooked to order.